

**SAMPLE Four-Year Plan**  
**B.S. Psychology**  
**FALL 2019 Requirements**

The curriculum in the psychology major is flexible and allows students to progress through their requirements in many ways. This sample four-year plan illustrates only one of the many possible pathways a new student could take to complete a degree in four years. This is not an official or prescriptive document and it does not show the only way that a psychology degree can be completed in four years. Current students should refer to their individual Academic Advising Report in WINS for specific graduation requirements.

**First Year**

Fall Semester	Units
English 101 Intro to College Writing and Reading	3
Math 139 Quantitative Reasoning	3
Psych 211 Introductory Psychology	3
Gened CORE 130 Individual and Society	3
General Education elective	3
Intrauniversity 104 New Student Seminar	1
<b>Total Credits</b>	<b>16</b>

Spring Semester	Units
English 102 Intro to College Writing, Reading, Research	3
Psych 215 Basic Statistical Methods	3
Gened CORE 110 World of the Arts	3
University Requirement Lab Science (GL) course	4-5
PEGNRL 192 Personal Health and Fitness for Life	1
<b>Total Credits</b>	<b>14-15</b>

**Notes:** The math and English courses you take in your first year depend on your UW System placement exam scores. This plan reflects the most common placements. Students are strongly encouraged to complete placement testing prior to attending Warhawks SOAR (Student Orientation, Advising, and Registration). PSYCH 211 is Introductory Psychology, a course that is a prerequisite for all other psychology courses. It should not be confused with PSYCH 101, which is a one-credit introduction to the psychology major. Students are advised to take PSYCH 101 as a sophomore or rising junior.

**Opportunities:** The Department of Psychology sponsors a Learning Community called Get Psyched. Prospective psychology majors interested in this opportunity should contact Dr. Knesting-Lund at [knestink@uw.edu](mailto:knestink@uw.edu). Students who would like to learn more about the university and their role as a student might consider enrolling in the one-credit New Student Seminar (INTRAUNV 104) in their first semester. Students in the Learning Community are automatically enrolled in this course.

**Second Year**

Fall Semester	Units
Psych 216 Research Methods	5
Psych 101 Introduction to the Psychology Major	1
Communication 110 Intro to Human Communication	3
Gened CORE 120 Historical Perspectives	3
General Education elective	3
<b>Total Credits</b>	<b>15</b>

Spring Semester	Units
Psychology 300-Level course	3
General Education elective	3
U.S. Racial/Ethnic Diversity course	3
University Requirement GN/GQ course	3
Minor course	3
<b>Total Credits</b>	<b>15</b>

**Notes:** Psychology 300-level courses should be chosen in consultation with a psychology advisor. All majors must complete at least one 300-level course in each of these four areas: Biological Processes; Cognition and Learning; Personality, Development, and Social; Adjustment and Disorders. Students with strong interest in a career in the human services areas of psychology are encouraged to enroll in Psychology 327 Introduction to the Scientist Practitioner Disciplines (an option in the Adjustment and Disorders area). The numbering of the 300-level course options does not reflect a recommended sequence through those courses. That is, students may take any 300-level course as their first 300-level course.

**Opportunities:** Consider joining Psych Club, an extracurricular organization open to anyone interested in psychology. Also, explore options for minors and certificates. Certificates document expertise and skills in particular areas. Psychology majors may be especially interested in certificates in Applied Research, Corporate Social Responsibility, Diversity Leadership, or Professional Writing and Publishing.



University of Wisconsin  
Whitewater

College of Letters  
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## Psychology Department Contact Information

Laurentide Hall Room 1226 | 262-472-1026

<http://www.uww.edu/cls/departments/psychology>

### Third Year

Fall Semester	Units
Psychology 300-Level course	3
Psychology 300-Level course	3
Gened CORE 390 World of Ideas	3
BS Requirement Math/Stats/CompSci course	3
Minor course	3
<b>Total Credits</b>	<b>15</b>

Spring Semester	Units
Psychology 300-Level course	3
Psychology Elective course	3
BS Requirement Lab Science course	4-5
Minor course	3
Minor course	3
<b>Total Credits</b>	<b>16-17</b>

**Notes:** Students who intend to apply to graduate programs in psychology should be aware that graduate school applications are usually due at the end of the fall semester of the senior year. Therefore, relevant experiences and coursework undertaken in the fourth year, especially spring semester of the fourth year, do not usually appear on graduate school applications. This means that it is important to start these experiences in the junior year or earlier.

**Opportunities:** Students who intend to apply to graduate programs in psychology are strongly encouraged to consider undergraduate research opportunities. The junior year is an optimal time to connect with faculty research mentors and begin an undergraduate research project. Students can receive course credit for undergraduate research by enrolling in Psychology 498 Independent Study, 498R Undergraduate Research, and/or 499 Senior Thesis. Students with a strong interest in a career in the human services areas of psychology are encouraged to enroll in Psychology 487 Field Training. Instructor consent is required to enroll.

### Fourth Year

Fall Semester	Units
Psychology 400-Level course	3
Psychology Elective	3
Minor course	3
Minor course	3
Elective course	3
<b>Total Credits</b>	<b>15</b>

Spring Semester	Units
Psychology 400-Level course	3
Minor course	3
Minor course	3
Elective course	3
<b>Total Credits</b>	<b>12</b>

**Notes:** Students who intend to apply to graduate programs in psychology are strongly encouraged to complete a senior thesis or other capstone project. Also, applications are due in late fall and early winter so you should be lining up those letters of recommendations by the start of this year.

**Opportunities:** Take advantage of the services in the Career and Leadership Development Office when exploring your post-college options. Students interested in entering the workforce should seek extracurricular development opportunities, such as internships in government or the private sector, volunteer opportunities, and other résumé-building activities. LSINDP 399: Career Information in Letters and Sciences is a 1-credit course that focuses on career and graduate school opportunities; identifying skills, strengths, and work values; creating effective job search materials; developing a networking strategy; and planning to a successful post-graduation transition.

**Planning for Graduation:** Students are encouraged to apply for graduation one full semester prior to their intended graduation date. Information about commencement and the application for graduation are on the Registrar's Office website (<http://www.uww.edu/registrar/graduation>). All students must earn 120 credits for a bachelor's degree even if all requirements are satisfied in fewer than 120 credits.



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